

Project's Creative Waves outcomes

Marion Ründal
ENUT

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Supported by



Project Support Facility



- The Estonian Women's Studies and Resource Centre (ENUT, www.enut.ee)
- Established in April, 1997
- Grassroots, non-profit, non-governmental organization open to the public
- First women's resource center in Estonia and it includes a specialized library on women's and gender issues
- Ariadne's Clew, the only academic journal of gender studies published in Estonia



MISSION

ENUT is committed to promoting the equality of women and men as one of the basic human rights and the general good in all areas of social life.

VISION

ENUT's vision is a civil society based on the equality of women and men, where ENUT plays an important role in connecting the public sector, associations operating in public interests and the private sector to ensure equality, being a gender-related information source and competence center and a promoter of gender studies in Estonia.

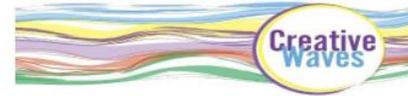


ACTIVITIES

- The pay gap
- Gender-sensitive budgets
- Gender and education
- Civil society & democracy
- Gender equality in working life, reconciling work and family life
- Human trafficking and prostitution
- Sustainable development & gender equality
- Development cooperation projects

ENUT's role in Creative Waves

- Overall project evaluation
- Expertise on gender equality
- Empowering women and youth
- Prepare a survey
- Final report/tool-kit



PARTNERZY
Intercult, Sztokholm
Euroregion Bałtyk
Nadbałtyckie Centrum Kultury w
Gdańsku
zespół aktywistek z Kaliningradu
oraz estoński Estonian Women
Studies and Resource Center ENUT

Dofinansowanie:

Rada Państw Morza Bałtyckiego
(Council of the Baltic Sea States Project
Support Facility).



I can do things you cannot, you can do things I cannot; together
we can do GREAT THINGS.

Mother Theresa

Results

Participants

Main reasons for participation

- curiosity to learn something new
- to meet new people or to meet with people you already know
- to discuss new business opportunities.

Almost unanimously, it was considered important to preserve and develop local traditions.

There was also a unanimous desire to acquire new digital opportunities or to supplement existing knowledge, mostly in order to increase their economic independence.



Coming together is a beginning, keeping together is progress,
working together is success.

Henry Ford

Is it possible to make traditional pastimes/art attractive for young generations?

- showing and teaching our generations tradition and handicrafts
- social media
- online training
- through conversations and videos
- through written articles
- integrate embroidery with the things interesting for the youth
- special workshops for children
- promote fashion for "tradition"
- translate it to the topics attractive to the youth e.g. trendy clothes, gadgets
- show how you can decorate old clothes so that they can be fashionable again
- teach painting embroidery patterns; transfer it to the digital format



We are not team because we work together. We are team because we respect, trust and care for each other.

Vala Afshar

What would you suggest how could we encourage the older generation to combine traditional art/craft with the digital means of expression?

Respondents generally had less faith in the abilities of women of the older generation and the desire to combine traditional craft skills with digital expression in this field.

- Invitations to meetings and workshops
- Computer courses
- Possibility of selling their works on the Internet
- Cooperation between young and old

And that actually happened!



Alone we can do so little, together we can do so much.
Helen Keller

What do terms "women power" and "sisterhood" mean to you? BEFORE

- Bond between women
- Support
- Relationship
- Community
- Belonging
- Solidarity
- Helping each other
- Learning



I've always believed that one woman's success can only help another woman's success.

Gloria Vanderbilt

What do terms "women power" and "sisterhood" mean to you?

AFTER

- The feeling that being together we can do great things
- Women develop special bonds while acting together
- Strong emotional bond
- Power women feel when they work together
- Self-realization
- Strength and creativity
- Contact and development

Women's strength flows from relationships with other women



If you want to go fast, go alone. If you want to go far, go together.

African proverb

Results

Partners

Progress of the project

Covid-19

- Harder to find participants
- Affected schedule
- Support from partners
- After awhile participants forgot about Covid, main purpose was to come together, to gain knowledge, to learn, to participate in social connection – it was fun to do something new and exiting

War

- Loss of very dedicated project partner
- Very emotional situation, lot of tears
- We can't sit and cry, let's concentrate on something else, diverge our mind from this situation.

There is a special place in hell for women who don't help other women.

Madeleine Albright

Were you satisfied with the progress of your participants? What were the difficult moments working with them?

- We are happy with them, such an engaged group
- Participants had motivation, were interested
- Learning from each other
- They lacked courage and believing in themselves, we provided self-esteem
- At first afraid of digital side, but all contributed, helped each other
- They discovered different ways of doing things

Behind every successful woman is a tribe of other successful women who have her back.

Anonymous

Has the project helped to better understand the aspect of gender equality?

- We have not really discussed it, but the idea was behind everything we were doing
- Important is to create a safe place and share knowledge
- We are in process; we are getting more sensitive about that issue
- We now understand the long chain of women who supported each other and community
- Bravery of everyday, women taught the tradition, upkeeping tradition is very important
- We did not talk about the topic but we provided the strength to women
- They started to use the name Creative Sisters

Women that believe in each other can survive anything.
Women that believe in each other create armies that will win
kingdoms and wars.

Nikita Gill

How can a project promote gender equality?

- Awareness of rights and of equality
- Contributes to breaking down barriers that prevent equal participation, benefit from activities, decision making etc
- The purpose of the activity is to reduce gender inequality



Gender equality project in phases - planning

- Spotting gender inequality
- Setting gender equality goals
- Engagement, inclusion
- The answer to the question "How does action promote equality?"
- Goals are measurable

Gender equality project in phases - implementation

- Gender balance of participants
- Analysis of barriers
- Communication avoids stereotypes
- Considering the needs of the target group
- Different capabilities/needs of F&M

Thank You!

We can do it!

